

Cost of Living

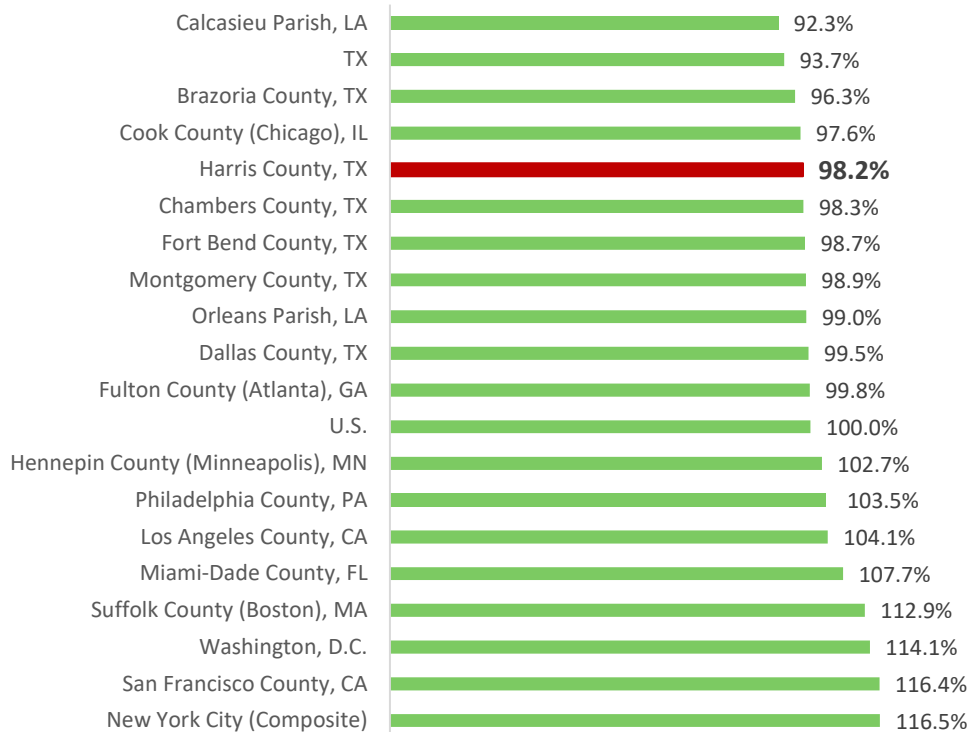
Harris County



Harris County's low grocery costs contribute to an overall lower cost of living and higher quality of life.

1.8% lower than the national average

Grocery Cost Index



Harris County, Texas has a grocery cost index of 98.2% according to Sperling's Best Places 2021 Cost of Living Index.

According to the U.S. Bureau of Labor Statics, Houston Metro area residents spent 9.3% of their household budget on food in 2021. These households spent \$3,142 (54.1%) of their food budget on groceries and \$2,668 (45.9 percent) on restaurants.

Harris County's grocery costs are 1.8% lower than the national average and are similar to other Texas counties:

- Chambers County 98.2%
- Fort Bend County 98.7%
- Montgomery County 98.9%
- Dallas County 99.5%