

# Cost of Living

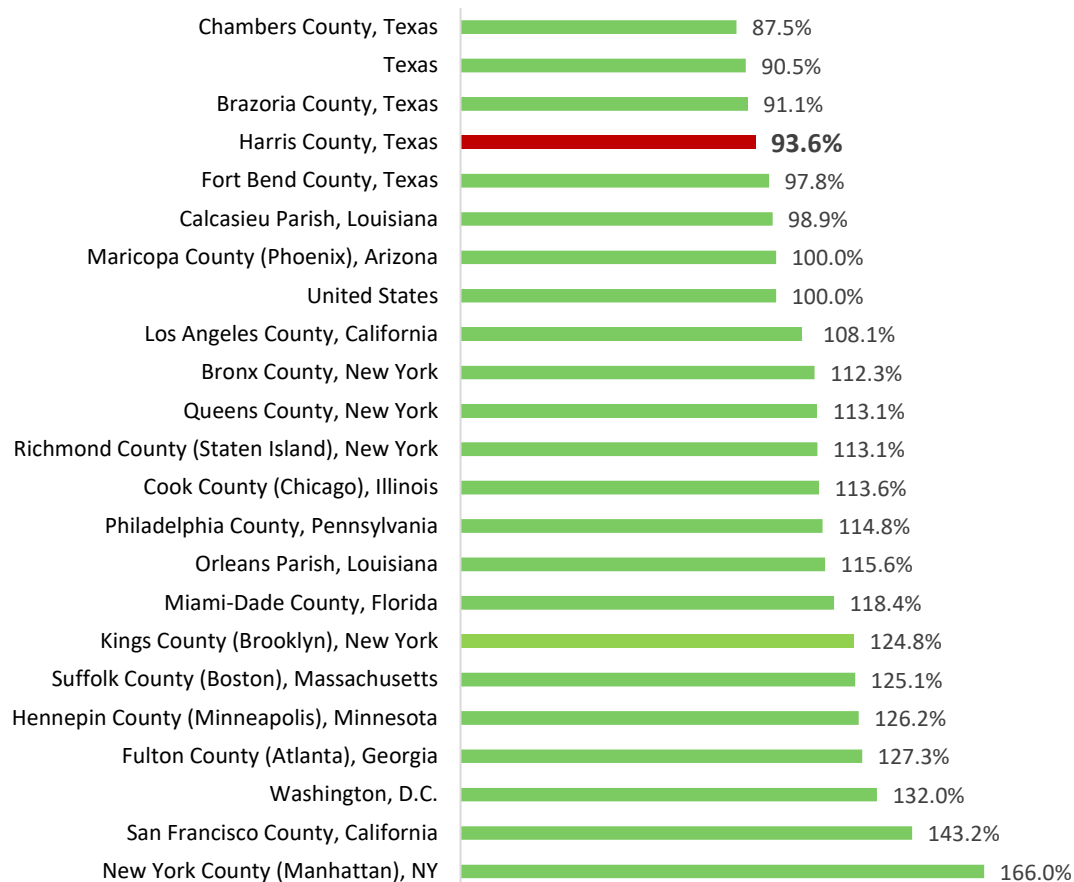
## Harris County



Harris County's low grocery costs contribute to an overall lower cost of living and higher quality of life.

6.4% lower than the national average

### Grocery Cost Index



Harris County, Texas has grocery costs that are 6.4% lower than the national average, according to calculations based on the Economic Policy Institute's 2025 Family Budget Map.

The Family Budget Map indicates that the cost of groceries for a two-parent, two-child family in Harris County is \$913 per month in 2025. In comparison, Harris County's grocery costs are 20% lower than Cook County (Chicago), and 72.4% lower than New York County (Manhattan).